

# Family Newsletter-November 2024

Early release on Monday 11/4 and  
Wednesday 11/27

School Closed on 11/11  
11/28 and 11/29

Family and Friends Day activities and Potluck  
Feast on Friday 11/15

Open Air Market on November 19

Parent Meeting 11/21

## Family Engagement

Family and Friends Event  
will be on Tuesday,  
November 19

Send your ideas and  
suggestions to  
[forooz@communitiesunitedin  
c.org](mailto:forooz@communitiesunitedin.c.org).

We will incorporate your  
ideas in the plans and bring  
it up in the parent meeting.

## A note from Forooz

On behalf of our teams in each classroom and myself, I would like to tell you how much we appreciate you. We would like to spend quality time together doing activities that you enjoy, encourage engagement in our program, and celebrate Thanksgiving with you. Please join us on Friday, November 15, for a Potluck Feast Celebration.

We are planning a luncheon with all families from 11:30 to 1:30, with traditional food from different places and countries. We would love to see you there.

Cook your favorite dish and bring your culture of music and clothes for the celebration. Looking forward to seeing you all.

It is a pleasure working with you all.



## A note from Ms. Shachi

Your child is learning so much about social emotional regulation! s/he is learning how to listen by using eyes, ears, mouth, and the whole body. Children who learn to listen can focus, which then helps them to learn. Please practice some of the listening skills at home, such as looking at mummy when mummy is talking, keeping mouth quiet when someone is talking, and keeping a calm body when listening. Toddlers are also learning to follow their teachers' model in the classroom.

# Classroom news

Classroom 2 Full Day Program, from 8:15 AM to 2:15 PM Monday through Friday.

A warm hello from Preschool. We are happy that we have a full classroom and children are getting to know each other. Friendships are developing. During October, we concentrated on Fall and Harvest. Beautiful colors, outside activities, parent engagement and doing activities for our special day. Thank you dear families for so much interest and support of the program. Hope to see you all on Friday 11/15 for our special day of friends and families and potluck feast.

Classroom 3 Full Day Program, from 8:15 AM to 2:15 PM Monday through Friday.

This past month we learned all about Fall and pumpkins. Our favorite song was "Leaves are Falling". Our favorite book was *Five Little Pumpkins*. Some of our favorite activities were collecting leaves outside and doing pumpkin experiments; we cut open a pumpkin and looked at the inside and the seeds and we also made a pumpkin volcano using baking soda and vinegar. In November, we are learning all about families, friends and different types of clothing. The literacy challenge will continue until the end of November.

Thanks, Jen and Carla

## Classroom 4-Extended program

We can't believe it's the middle of Fall! In October, we learned about Fall and Harvest. Our STEM theme was Colors. Children observed mixing colors through experiments like "Walking Water". Children observed that leaves were changing colors and they enjoyed piling them up and jumping in them. Children also loved the "Volcano in a Pumpkin", and making pumpkin cookies. Pictures will be posted in the Center soon. Favorite book: *Leaf Jumpers* by Carole Gerber. Favorite song: "Leaves Are Falling". This month we will be talking about Family and Friends.



# Family and Friend Day



## Our Feast for Thanksgiving

**All Families are Invited to join us**

11:30 to 1:30

on Friday November 15

*Bring your favorite dish from your family, your country and your traditions to celebrate Thanksgiving day with our children .*

*Check with your classroom team what to bring in.*

*We do art activities, reading books, dance and music and eat together*





# Healthy Recipes for Fall-



## 6 ways to make **QUINOA BOWLS**

