

DECEMBER 2023

Lexington Creative Start Children's Center

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CURRICULUM CORNER

The classrooms will be conducting Author Studies this month.

What is an Author study and why is it important?

- Author studies give students the opportunity to compare and contrast books by the same author.
- Helps students develop their Pre-reading skills
- Builds critical thinking skills
- Improves pre-writing skills
- Forges a deeper attachment to books
- Helps build a community of readers
- Boosts literacy skills

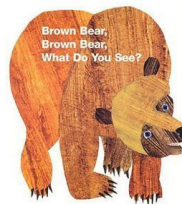


Our Authors this month are:
Class 1 will be exploring Eric Carle Books!

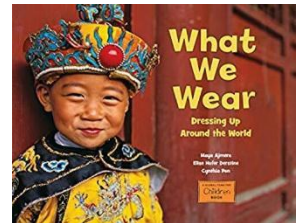
The Secret Birthday Message
By Eric Carle



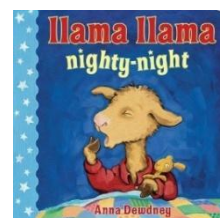
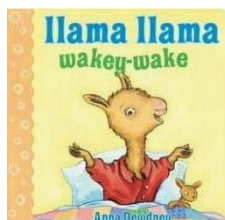
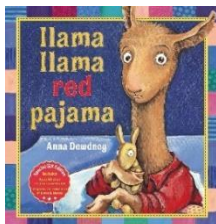
Bill Martin Jr / Eric Carle



Little Cloud by Eric Carle



Class 2 will be reading: Llama, Llama Books this month.



Social Emotional Corner with Ms. Lisa

Second Step Updates: Classroom #1 has completed Unit 1: listening, focusing attention, using self-talk, and being assertive.

We are moving into Unit 2: Empathy Identifying feelings, happy, sad, surprised, scared, anger, same or different feelings for each person, accidents, caring and helping.

Baby Doll Updates: Classroom #2 Toddlers has been working on body parts self-awareness, secure relationships, expressing sympathy and empathy to others. We are moving into Boo Boo's Handling the hurts, recognizing and labeling emotions, expressing empathy to others, self-soothing and building trusting relationships. It was so sweet to see all the toddlers putting Band-Aids on and kissing their babies boo boos.



Friendship Groups: The groups are comprised of 5-6 children and last for 6 weeks. Our friendship group started its first group and the theme was how to make friends.

Our other themes include:

What is a good friend?

How to initiate friendships.

Asking for a turn/sharing.

Feelings

Conflict Resolution Skills

We will have on-going friendship groups as the year progresses.

More on next page

Important Dates



December 4- 11-12p. Parenting Series with Ms. Lisa.

December 13- Policy Council Meeting 10am – Central Office

December 18- Parent Meeting 11a-12pm

December 20- Open Air Market 2pm

December 22- Early Release @ 12:00 pm

December 23- January 1, 2024. – No School WINTER BREAK

Our December Family Event will be called
“A Ticket Around the World”
December 18th at 12:15pm.





Lexington Creative Start



December 2023 - Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4 WG Cereal, Bananas Milk	5 WG Corn Muffin, Fresh Fruit, Milk	6 Yogurt, Apple Slices Milk	7 Pancakes, Fresh Fruit, Milk	8 Blueberry Muffin, Fresh Fruit, Milk
11 WG Cereal, Bananas Milk	12 WG Apple Muffin, Fresh Fruit, Milk	13 WG Banana Muffin, Fresh Fruit, Milk	14 WG Honeybun, Fresh Fruit & Milk	15 French toast sticks, Applesauce, Milk
18 WG Cereal, Bananas Milk	19 WG Apple Muffin, Fresh Fruit, Milk	20 Honey Bun & Diced Peaches Milk	21 WG Blueberry Muffin, Fresh Fruit & Milk	22 WG Pancakes, Applesauce & Milk

All milk is unflavored & 1% milk is served to children over age 2.

Lexington Creative Start
December 2023 - Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4 Chicken Fajita with Brown Rice & Tortilla Pinto Beans, Fruit, Milk Vegetarian: Vegetable & Cheese Fajita	5 Chicken Nuggets, Rice, <u>Broccoli</u> , <u>Fresh</u> Fruit, Milk Vegetarian: Dumplings Allergen: BBQ chicken w/ Rice	6 <u>Cheese</u> Ravioli with sauce, Carrots, Watermelon, Milk Allergen: GF Pasta & Sauce	7 Shredded chicken, rice and bean burrito, Corn, Beans, Banana, Milk Vegetarian: Rice & Beans	8. WG PIZZA Sweet Potato, Pineapple, Milk Vegetarian: Pizza Allergen: Lentil Bolognese over GF Pasta
11 Chicken Teriyaki Fried Rice, Broccoli, Fruit cup, Milk Vegetarian: Tofu Teriyaki with Fried Rice	12 Chicken with Rice Corn, Fresh fruit, Milk Vegetarian: Refried Bean & Cheese Burrito	13 Mediterranean Chicken , Mixed vegetables, Fresh Fruit, Milk Vegetarian: Farro, Feta, Kidney Beans, Tomato & Black Olives	14 Asian Noodles with <u>Chicken</u> , <u>Green</u> Beans, Melon and Milk Vegetarian: Asian Noodles with Black Beans	15 Turkey Burger, Sweet potato tots, Fresh Fruit & Milk Vegetarian: Veggie Burger with WG Roll
18 Chicken with Rice, Broccoli, Apple, Milk Vegetarian: Vegetable and Cheese <u>Fritta</u>	19 Grilled Chicken with Pasta, Carrots, Pears & Milk Vegetarian: White Bean & Vegetable Couscous	20 Chicken Taco with Rice, Beans Fresh Fruit, Milk Vegetarian: Bean & Cheese Burrito	21 Roast turkey, Rice, <u>Peas</u> , <u>Banana</u> , Milk Vegetarian: Tofu Turkey Dinner	22 <u>Lasagna</u> , Green Beans, Pineapple, Milk Vegetarian: Lasagna Allergen: GF Pasta with turkey meat sauce

All Lunch meals are Allergy Free unless a separate Allergen meal is listed.

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