



2024 Lexington Creative Start Children's Center

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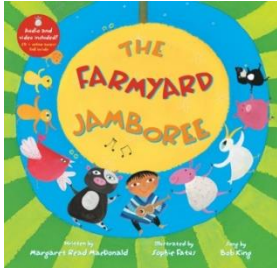
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CURRICULUM CORNER

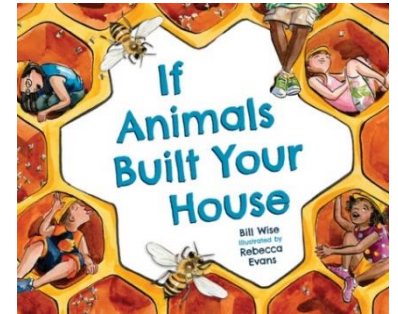
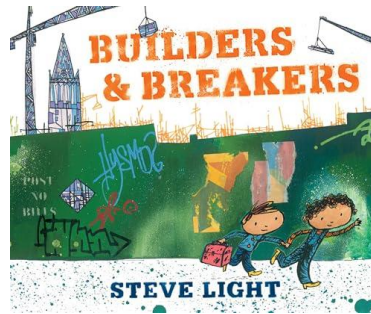
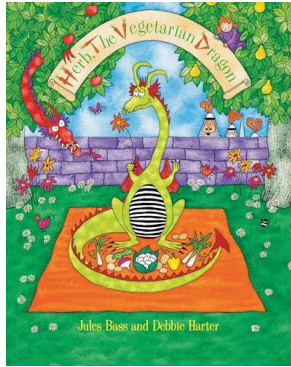
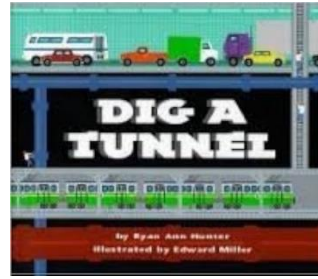
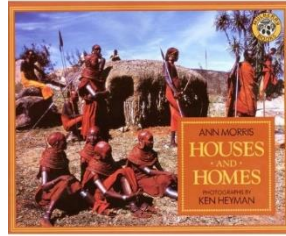
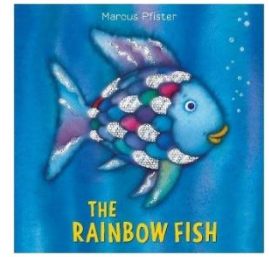
March we will be learning about Fairy Tales, Building and Literacy. Our classrooms will be reading different fairy tales throughout the month. The children will also be practicing and learning new skills while building such as math, measurements and using their spatial abilities.

We will also have our 2nd literacy challenge of the school year. “Children who have lots of experiences with books absorb the rhythms and patterns of language and, at surprisingly early ages, begin to imitate the language and gestures their parents and caregivers use while sharing stories, sometimes turning pages and murmuring as they “read” the pictures. While we can’t expect infants and toddlers to learn to read and write yet, they are nevertheless developing skills that provide a foundation for later literacy. When you share books with your young child you support emerging literacy as you:

- help your child learn that pictures and words are symbols that can be interpreted;
- expose your child to new words, thereby increasing her vocabulary; and
- familiarize your child with the conventions of print” -NAEYC



BOOKS WE ARE READING THIS MONTH



March 4 @11a- 12pm Parenting Series with Ms. Lisa.

March 13@ 10am Policy Council Meeting

March 18 @ 11am Parent Meeting

March 21 @ 2pm Open Air Market

March 25 @ 12:15pm BOX CITY- Family Event

OPEN HOUSE DATES:

Please share the dates with your friends and family with young children.

3/14 from 2:30p- 4:30pm

3/26 from 3p-6pm



Social Emotional Experiences with Ms. Lisa

Parenting Workshop Series: March 4, 2024 11:30-12:15

Parenting Monthly Series ~ Positive Solutions for Families Session Keeping It Positive: Learn to use playful interactions to strengthen the relationship with your child by understanding the meaning of challenging behavior, and using positively stated directions.

Through this workshop parents will learn techniques to enhance their relationships with their children, help their children learn social emotional skills, and effectively respond to children's challenging behavior.

Friendship Groups

We have just started our second round of Friendship Groups.

Our sessions include meeting new friends, initiating friendships, how to be a good friend, kind play, sharing feelings, and conflict resolution.



Second step: We just moved from Emotion management recently covering topics of managing anger, disappointment, and waiting. We are working on a new theme this month titled Friendship skills and problem solving which will cover the topics of Fair ways to play, inviting others to play, and joining others in play.

Baby Doll curriculum: We began our new unit called stop and go which helps us develop skills like impulse control and self-regulation. We are learning deep breathing skills and other tools to help us calm down. Recently we learned smell the flowers and blow out the birthday candle to help us to take a deep breath and calm down.



Redi-Pax
Prepare for the unexpected

MARCH 2024 MENU C.C.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTRÉE	Chicken fajita w/mexican rice	Cheese Lasagna with Gr Turkey & Wg roll	Tortellini Pasta Salad with Diced Chicken	Azoei Con Pollo WG rice	Smash Burger with cheese wg roll
VEGETARIAN	refried bean burrito w/ cheese	Cheese Lasagna with mozzarella cheese & wg roll	Tortellini Pasta Salad with Shredded cheddar	Spanish WG Rice with Beans	Black bean burger with wg roll
ALLERGY MEAL	Same as main meal	Rat Turkey with brown rice & sauce	GF Pasta Salad with Diced Chicken	Same as main meal	Turkey smash burger with gf roll
VEGETABLE	Mashed corn	Sweet Peas	Lettuce, tomato & cucumber	Fresh Broccoli	Oven baked fries with ketchup
FRUIT	Pear	Fresh orange	Diced peaches	Banana	fresh fruit
ENTRÉE	Puffed BBQ Chicken W/WG roll	Chicken Alfredo with WG Pasta	Asian Chicken Cabbage salad WG roll	Baked Potato topped with Cheese WG roll	Shamrock Chicken with WG roll
VEGETARIAN	Veg ratatouille WG wrap w/ hummus (cold)	White Bean Alfredo with WG Pasta	Asian Black Bean Cabbage Salad WG roll	Same as main meal	Stuffed pepper w/ice bean cheese stuffing
ALLERGY MEAL	Puffed BBQ Chicken W/Onions	Gr Chicken with brown rice	Gr chicken salad with GF roll	Baked Potato Topped broccoli	same as main entrée
VEGETABLE	Fresh Carrots	Steamed Broccoli	Cabbage, asparagus and sprouts	Seasoned pinto beans (no/low)	iron vegetables(tomatoes,carrots,carrotized cabbage)
FRUIT	Fresh orange	Apple slices	Fresh Orange	Banana	fresh apple
ENTRÉE	Cajun chicken w/ dirty rice	Chicken Parm with WG Pasta	Chicken Caesar salad WG roll	Asian Noodles with Chicken & black beans	Chicken nuggets w/ wg waffles (bbq dip)
VEGETARIAN	Vegetarian dumplings w/ vegetable lo mein	Eggplant parm with WG pasta & Mozzarella	White Bean Caesar Salad with WG roll	Crispy tofu stir fry over wg noodles	crispy tofu nuggets w/ wg waffles (bbq Dip)
ALLERGY MEAL	Cajun chicken w/ dirty rice	Chicken Primavera with garlic & Brown rice	Grilled Chicken on Green Salad	Gr Chicken Stir fry over brown rice	Naked Tenders w/ Coleslaw WG rice
VEGETABLE	Roasted Baked Beans	Roasted Fresh Zucchini	gf roll	Glazed Broccoli	sweet potato fries
FRUIT	Fresh Orange	Apple slices	lettuce, tomato fresh pear	Banana	fresh apple
ENTRÉE	Ind Chicken sand WG roll	Beignets with WG pasta	WG Pasta Pesto chicken salad	Chicken Teriyaki w/ fried rice (egg free)	Baked Mac & Cheese topped with cheddar
VEGETARIAN	Grilled Portobello Sand with Cheese & WG roll	Italian Style Cannell Beans over WG Pasta	Chic Pea Antipasto Salad with WG roll	vegetable Spring roll w/ edamame	Same as main meal
ALLERGY MEAL	Grilled Chicken Sand with GF roll	Same as main meal with GF pasta	Same as main meal with GF pasta	Same as main meal	Grilled Chicken with Brown Rice
VEGETABLE	Oven baked Sweet potatoes	Fresh Carrots	Lettuce & tomatoes	Glazed Broccoli	Seasoned Green Beans
FRUIT	Banana	Fresh Apple	Fresh Fruit	Banana	Diced pineapple

Due to the situation in the Global Supply Chain, our menu is subject to change without notice.
All meals meet the CACFP guidelines - All breads, rice, pasta and snacks are WG/WGR
Milk is served with both Breakfast and Lunch. 1%, Skim or Lactaid

Allergy free of: egg, gluten, dairy, peanut, fish, shellfish and sesame/nut

Carina Berglund, R.D. 2/27/24



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MARCH 2024 MENU C.C.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	WG Cereal & Fresh fruit	WG Corn Muffins and Fruit/Fruit Cup	WG Bagel with butter & Fresh fruit	WG French Toast Stick & Apple Sauce	WG & Fruit/Fruit Cup
BREAKFAST	WG Cereal & Fresh Fruit	WG Blueberry Muffin and Fruit/Fruit Cup	WG Cereal & Fresh Fruit	WG Waffle & Fruit & butter	WG Bagel & Fruit/Fruit Cup & butter
BREAKFAST	WG Cereal with Fresh fruit	WG Bagel & Butter with Apple Sauce	WG Cereal with Fruit	WG French Toast Stick & Apple sauce	WG Croissant & Fruit/Fruit Cup
BREAKFAST	WG Cereal with Fresh fruit	Blueberry Muffin and Fruit/Fruit Cup	WG Cereal with chilled peaches	WG Waffle & Fruit & butter	WG Bagel & Fruit/Fruit Cup & butter

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