

Lexington Creative Start Children's Center



Director/Lead Teacher: Patty Brancato- Patrizia@communitiesunitedinc.org
Assistant Director/EFSS: Jeanmarie Peluso - Jeanmarie@communitiesunitedinc.org
Licensed Social Worker – Lisa Higgins-Smith – lisahiggins-smith@communitiesunitedinc.org

Classroom 1 - Pre-K Mondays 8:15am- 12:15pm, Tue-Fri: 8:15am-2:15pm
Ms. Patty, Ms. Amber, Ms. Hanna

Classroom 2 - Toddler Room Mondays 8:15am- 12:15pm, Tue-Fri: 8:15am-2:15pm
Ms. Phoebe, Ms. Jillian, Ms. Thallita

CURRICULUM CORNER

The classrooms will be learning ALL about the FALL HARVEST!



We are going to learn about pumpkins, autumn leaves and how they change their colors and fall fruits such as apples!

Autumn is an excellent time to get outside for some fresh, crisp air and enjoy the beautiful fall colors all around us. Autumn is also a great time to explore and learn about why leaves change colors in fall in the first place! We also will learn about growing crops such as fruits and vegetables! Children will explore lots of Science based, hands-on activities while learning about our great fall season!

This month we will hold our 1st Literacy Challenge of the Year!

We are asking all parents to sign up for at least one day this month that you will come in and read to the children in the classroom. Let the classroom Teachers know what day is good for you!

We will be sending home book slips and ask that you read at least 1 book a day to your child. Return your book slips each week and help us reach our goal! All research studies show that children that are read to do better in school! Set your child up for SUCCESS!

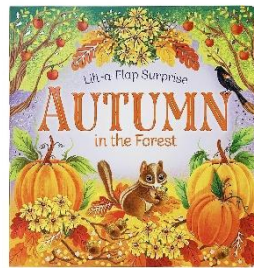
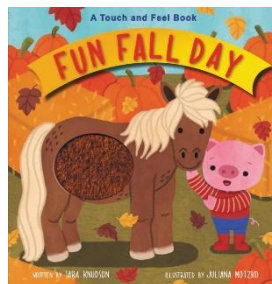
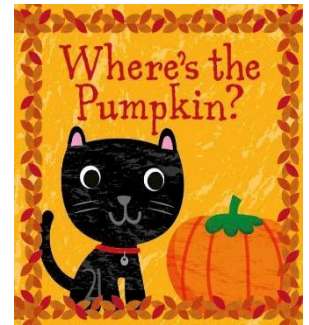
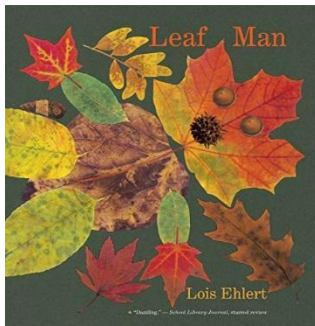
Books we will be reading this month include:

Leaf Man by Lois Ehlert.

Where's The Pumpkin by Francesca Jones

Fun Fall Day by Tara Knudson

Autumn In The Forest by Rusty Finch



Social Emotional Corner with Miss Lisa

We have been implementing the **Baby Doll Curriculum** in class #2 - Toddler room. In Baby Doll Circle Time, we have been learning about caring for our babies which helps to teach us to care for others and ourselves. This curriculum focuses on attachment, attunement, and the social emotional needs of infants and toddlers on their level. Once a week I bring in a basket of babies into the classroom and the children choose a baby. Then we do activities with the babies like wrap them in a blanket, play peek a boo, name parts of the body, and cuddle and soothe them.

In the preschool class, we have been working on the **Second Step Curriculum**. This curriculum uses visuals, puppets, music, and movement to teach self-regulation and social emotional skills. In the last 4 weeks we have covered welcoming, listening, focusing attention, and self-talk. I have been using puppy and snail (puppets) to help model the lessons. We also have fun activities to support the lesson.



October 9th (Monday) - No School- Indigenous Peoples Day

October 13th – Pumpkin Patch – Family Event

October 18th (Wednesday) 10am - Policy Council Meeting @ our Central Office

4 Militia Drive, Suite 8, Lexington, Ma.

October 20th (Friday)– Globe Santa letters due

October 23rd (Monday) No School for Children – Professional Development Day for Teachers

October - Parent Meeting



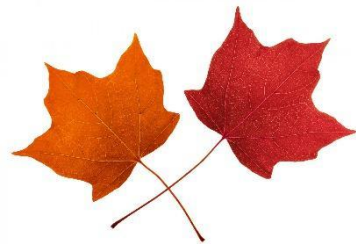
October Family Event

Pumpkin Patch Fun



Join your child in the pumpkin patch at pick up time on Friday, October 13th.

The children will be able to choose a pumpkin to decorate,
Other activities will include face painting, outside games and classroom photos.



Please make sure you return the **Globe Santa letters** to school by October 20, 2023 if you are interested!

If you have any questions, please contact Ms. Lisa!

Breakfast

Breakfast is one of the most important meals of the day. It gives you the fuel you need to get your day started.

Eating breakfast:

- ✓ Gives you more energy
- ✓ Improves memory
- ✓ Helps maintain a healthy body weight
- ✓ Improves concentration at work and school
- ✓ Helps avoid overeating at the next meal



Healthy ideas for busy mornings!

- Make overnight oats by mixing oats with fresh or frozen fruits, and low-fat milk or yogurt. Store in the fridge overnight.
- Blend milk and frozen fruits, add to a to go cup, enjoy a smoothie on your way out the door.
- Frozen whole wheat waffles topped with peanut butter and bananas are quick and easy with little preparation needed.
- Use a muffin tin to make egg bites with veggies, store them in the fridge and heat them up in the morning.

Making breakfast doesn't have to be time consuming, prepare what you can the night before.

Be a role model and don't forget to eat breakfast yourself.

