

WALTHAM CREATIVE START NEWSLETTER MARCH 2024



Even in the the cold
weather, we
continue to go
outside. Please
make sure your
child brings a
sweatshirt or jacket.

UPCOMING EVENTS:

NO SCHOOL:
MARCH 11
PROFESSIONAL DEVELOPMENT DAY

POSITIVE SOLUTIONS PARENT
GROUP - 3/12

POLICY COUNCIL: 3/13

OPEN AIR MARKET - 3/21

BOX CITY FAMILY EVENT - 3/21

PARENT MEETING: 3/28

EARLY RELEASE:
MARCH 29

Making Music Together

We have been enjoying visits from children's musician Philip Alexander. He has been joining us in classrooms, singing multicultural songs and playing instruments with the children. We look forward to our next visit with him on March 13. These visits are made possible through the a grant from Waltham Cultural Council.

www.communitiesunitedinc.org

FAMILY AND COMMUNITY OPPORTUNITIES

Community Resource Highlight: Tufts Dental School

In line with the classrooms teaching about oral care this past month, the resource for this month is Tufts Dental School offers teeth cleaning, x-rays, and other dental care for children and adults at costs lower than private practice dental offices. Tufts Dental School is located in Downtown Boston and has a staff that can speak multiple languages. Tufts Dental School takes MassHealth insurance, as well as several other dental insurances.



COMMUNITY EVENTS

March 14, 2 pm to 430 pm: Fiesta Celebration for Waltham Family School
Chapel Hill-Chauncey Hall School, 785 Beaver St, Waltham

WALTHAM PUBLIC LIBRARY:

Tuesdays, 1030 am to 11 am: Te Cuento un Cuento

Tuesdays, 6pm to 630 pm: Family Storytime

Wednesdays, 1030 am to 11 am: Toddler Time

Fridays, 10 am to 1030 am: Baby Storytime

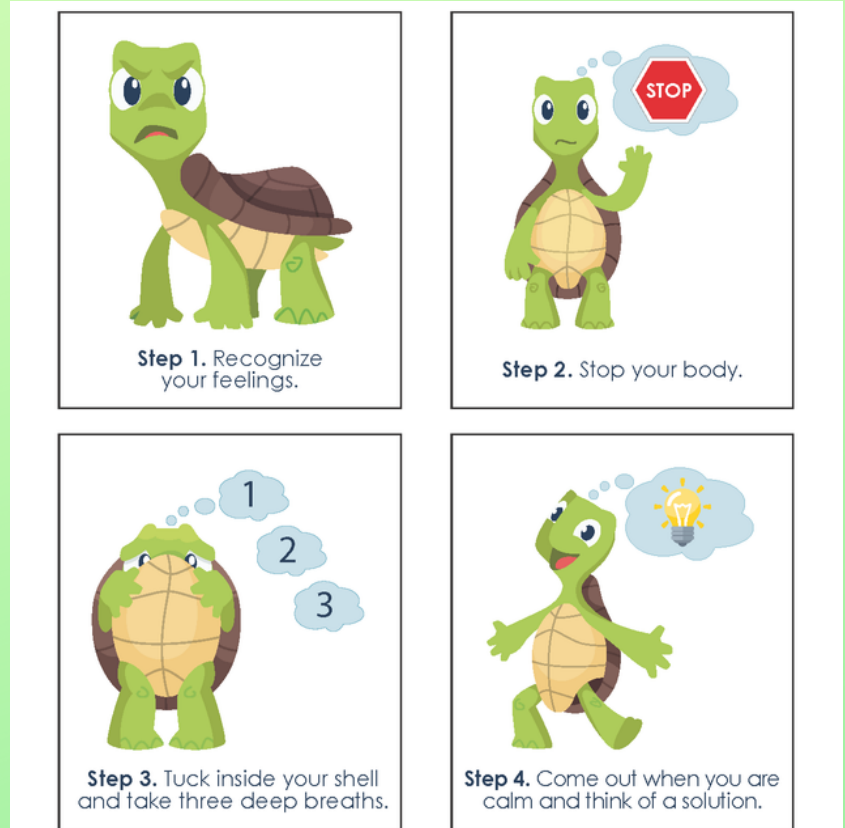
SOCIAL EMOTIONAL CORNER

SECOND STEP:

WITH OUR PRESCHOOLERS, SECOND STEP HAS BEEN WORKING ON MANY CALM DOWN TECHNIQUES TO HELP US WHEN WE ARE FEELING STRONG FEELINGS. SOME OF THESE INCLUDE "SMELL THE FLOWER, BLOW OUT THE CANDLE," "THE TUCKER TURTLE TECHNIQUE," AND BELLY BREATHING. WE'LL BE TALKING ABOUT MANAGING DISAPPOINTMENT, ANGER, AND WAITING OUR TURN IN THE NEXT FEW WEEKS.

BABY DOLL:

WITH OUR TODDLERS, THE BABY DOLL CURRICULUM HAS BEEN FOCUSING ON "I LOVE YOU RITUALS" WITH THE BABY DOLLS. STUDENTS HAVE BEEN SINGING AND REPEATING RHYMES FOCUSED ON BEAR, MOUSE, AND RABBIT TO SHOW THEIR LOVE AND CONNECTION TO THE BABY DOLL.



POSITIVE PARENTING SOLUTIONS SESSION:

IN FEBRUARY OUR POSITIVE PARENTING SOLUTIONS GROUP TALKED ABOUT THE IMPORTANCE OF ROUTINES FOR PROMOTING POSITIVE BEHAVIORS IN CHILDREN. THINGS THAT CAN SUPPORT ROUTINES ARE INCLUDING CHILDREN IN CHOICES AND GIVING THEM VISUAL CUES TO HELP THEM THROUGH TRANSITIONS. OUR MARCH PARENTING GROUP WILL MEET ON TUESDAY, MARCH 12TH AT 9AM IN CLASSROOM 6. THE MARCH MEETING WILL DISCUSS MODELING FEELINGS AND OTHER SOCIAL EMOTIONAL LANGUAGE TO HELP OUR KIDS LEARN THESE SKILLS.

MULTI MATH ACTIVITIES



Math concepts can be taught through the use of everyday items. Matching and sorting colors, exploring quantities, and learning numerals can all be done with the activity on the left. Simple containers like muffin cups and sortables like pom poms can be easily found at local dollar stores and used for a variety of activities.

In the Classroom

THIS MONTH, WE WILL BE LEARNING ABOUT FOLKTALES, FAIRYTALES, AND BUILDING. SOME OF OUR CLASSROOMS WILL CONTINUE TO LEARN ABOUT COMMUNITY WORKERS. WE LOOK FORWARD TO READING AMAZING STORIES AND DISCUSSING ALL OF THE IMPORTANT PEOPLE IN OUR TOWN.

WE WILL ALSO BE HAVING ANOTHER LITERACY CHALLENGE THIS MONTH. HOW MANY BOOKS CAN YOU READ?



***"Children need the freedom and time to play. Play is not a luxury. Play is a necessity."
- Kay Redfield Jamison***



Homemade Applesauce

Eat it plain or top some pancakes with it. Homemade applesauce is an easy activity that children can help with.

Children can help peel and cut the apples used and will love to mash the apples once cooked with a fun potato masher.

Eat it plain or dress it up with nuts or other fruits.

For the recipe, visit:

<https://www.saltysidedish.com/home-made-applesauce-recipe/>