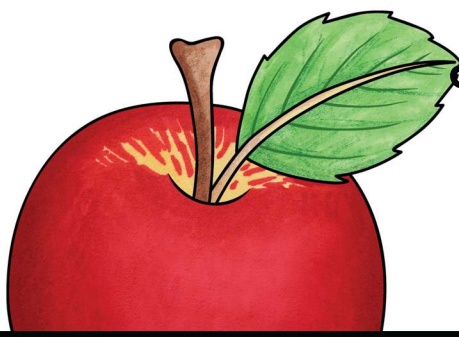
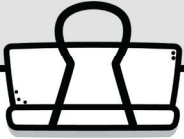




Lexington Creative Start 

NEWSLETTER



Upcoming EVENTS

9/3,4,5. Visiting Days
9/10 First full week and
full day for all classes
9/18/25 1:15 Parent Mtg.
2:15 Open Air Market
9/26 @ 9:15 Family
Engagement Open
Classroom! Please join
your children in
experiencing what their
day looks like. Activities
will be set up for you to
enjoy together!

Reminders

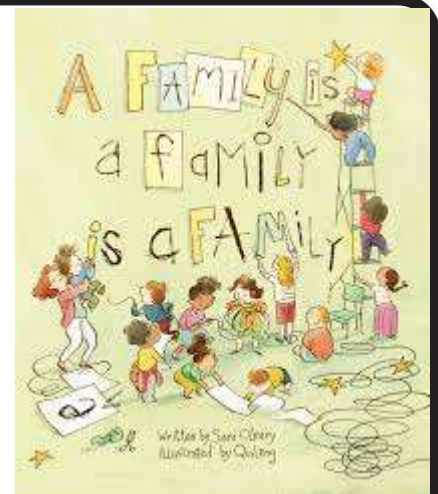
Please remember to:
~arrive on time 8:15 am
pick up time 2:15 pm
~check in and out every
day at the iPad's during
pick-up and drop off.
~call 781-462-3054
by 9:00 am if your child is
going to be absent.

Thank you!

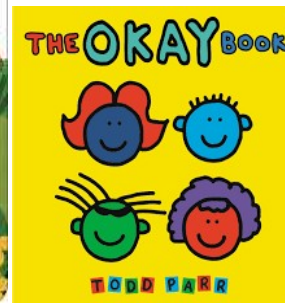
September

OUR LEARNING focus...

This month our curriculum themes include Welcome back to school & all about me. Some of our books for this month will be:



I AM HUMAN



CONTACT INFO



© Kim Miller



Lisa Higgins-Smith, LICSW
Center Director/MHS



Lisahiggins-smith@communitiesunitedinc.org

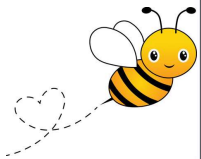


(781) 462-3054

Newsletter!

CLASSROOM NEWS

Busy Bees:



Welcome to the new school year! We are so happy to have everyone back to learn and play together. We are going to learn to say "Hello" in different languages. Early exposure to multiple languages can lead to better focus, improved problem-solving abilities, and stronger critical thinking skills. The four books that we will be using in class will be "Hello, Friend! Hola, Amigo", "We Share This School ", "The Okay Book ", "Fire Drill". We will be talking about fire drills and safety while playing outside. Fire drills are vital in toddler classrooms to prepare young children for real emergencies by teaching them to stay calm, follow directions, and evacuate the building safely.

Sea Buddies



Our new classroom is called Sea Buddies. We decided to make it fun by naming the classroom. Our themes will be welcome to school and learning all about me. Our friends will introduce themselves and get to know each other by becoming friends through the school year. We will be talking about different families and sharing who is in your family.



All Stars

Welcome to the ALL STAR Classroom!! My name is Jayne, and I will be your Teacher along with Ms. Nermin & Ms. Natasha. We are so excited to meet all of you!! We can't wait to learn and explore all the wonderful lessons we have planned with you.

This month's focus will be " ALL ABOUT ME." Here we will learn new vocabulary, discuss different feelings, and discover how each one of us is unique and special. We look forward to welcoming all of you to our classroom.



September		2025		VEGETARIAN MENU		 	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
	1	2	3	4	5		
VEGETARIAN		Curried Chickpeas with Onions, and Brown Rice	WG Cheese Raviolis with Marinara Sauce	Italian Veggie Meatball Sub with Mozzarella Cheese	General Tso Cauliflower with Brown Rice		
VEGETABLE FRUIT	Labor Day	Fresh Steamed Broccoli	Fresh Carrot Coins	Italian Seasoned White Beans	Seasoned Edamame		
		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit		
VEGETARIAN	8	9	10	11	12		
VEGETABLE FRUIT	Edamame and Tofu Stir Fry over Fried Rice	BBQ Tofu with Rice and Corn	Greek Veggie Meatballs over Rice Pilaf	Asian Sesame WG Noodles with Black Beans and Tofu	Black Bean Burger on WG Roll		
		Fresh Steamed Broccoli	Rst Mediterranean Blend Vegetables	Seasoned Green Beans	Sweet Potato Fries		
		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit		
VEGETARIAN	15	16	17	18	19		
VEGETABLE FRUIT	Broccoli & Tofu Stir Fry with Fried Rice	Baked Macaroni and Cheese	Veggie Taco with Mexican rice	Veggie Chili over Brown Rice with Cheddar	Breakfast for Lunch Egg and Cheese, English Muffin		
		Steamed Carrots	Vegetable medley	Mexicali Corn	Potato Tots		
		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit		
VEGETARIAN	22	23	24	25	26		
VEGETABLE FRUIT	BBQ Cauliflower with Dirty Rice	Stuffed Shells with Marinara Sauce	Cheese Quesadilla with Onions and Peppers WG tortilla	Baked Macaroni and Cheese	Pressed Cheese, Pickles		
		Seasoned Carrots	Sweet Kernel Corn	Fresh Broccoli	Seasoned Green Beans		
		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit		
ALLERGEN	29	30					
VEGETABLE FRUIT	Broccoli Alfredo	Veggie Tacos					
		Penne Pasta					
		Fresh Fruit					

All meals meet the USDA NLP & Breakfast Program guidelines - All breads, rice, pasta are Milk is served with both Breakfast and Lunch. Based on age group Whole, 1%, Skim and Lactaid Due to the disruption in the Global Supply Chain, Our menu is subject to change without notice.

Cari Boylen R.D. 9/2/25

September							2025 Breakfast		  Redi-Pax Providing for the community	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
BREAKFAST	1	2	3	4	5					
	LABOR DAY	WG Muffin & Fruit	Chicken Sausage, Egg and Cheese Wrap & Fruit	WG Pancakes, Syrup & Fruit	WG Bagel, Butter & Fruit					
	8	9	10	11	12					
BREAKFAST	WG Cereal & Fruit	WG Muffin & Fruit	WG Croissant & Fruit	WG Pancakes, Syrup & Fruit	Egg and Cheese on Bagel & Fruit					
	15	16	17	18	19					
BREAKFAST	WG Cereal & Fruit	WG Muffin & Fruit	Chicken Sausage, Egg and Cheese Wrap & Fruit	WG Pancakes, Syrup & Fruit	WG Bagel, Butter & Fruit					
	22	23	24	25	26					
BREAKFAST	WG Cereal & Fruit	WG Muffin & Fruit	WG Croissant & Fruit	WG Pancakes, Syrup & Fruit	Egg and Cheese on Bagel & Fruit					
	29	30								
BREAKFAST	WG Cereal & Fruit	WG Muffin & Fruit								
	All meals meet the USDA Breakfast Program guidelines - All breads, rolls, muffins are WG or WGE Milk is served with both Breakfast. Based on age group Whole, 1%, Skim and Lactaid Due to the disruption in the Global Supply Chain. Our menu is subject to change without notice.									

Cari Bayler R.D. 9/2/25

2025 ALLERGEN MENU							 Redi-Pax Prepared for the unexpected
NOT GLUTEN FREE		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
ALLERGEN VEGETABLE FRUIT	1		2	3	4	5	
	Labor Day	Grilled Chicken, Confetti rice Fresh Steamed Broccoli Fresh Fruit	WG Pasta with Meat Sauce Fresh Carrot coins Fresh Fruit	Italian Chicken Sausage with Onions and Peppers- WG Roll Italian seasoned white beans Fresh Fruit	Pulled BBQ Chicken WG Roll Cabbage Salad and Pickles Fresh Fruit		
ALLERGEN VEGETABLE FRUIT	8	9	10	11	12		
	Chicken Teriyaki over WG Fried Rice Fresh Steamed Broccoli Fresh Fruit	BBQ Chicken with Rice and Corn Seasoned Pinto Beans Fresh Fruit	Greek Turkey Meatballs over Rice Pilaf Rst Mediterranean Blend Vegetables Fresh Fruit	Roast Turkey Dinner with Gravy, WG Dinner Roll Roasted Potatoes Fresh Fruit	Turkey Smashburger - WG roll Sweet Potato Fries Fresh Fruit		
ALLERGEN VEGETABLE FRUIT	15	16	17	18	19		
	Teriyaki Chicken with Fried Rice Steamed Carrots Fresh Fruit	Baked Chicken Tenders with Seasoned Brown Rice Fresh Garlic Broccoli Fresh Fruit	Chicken Taco with Mexican rice Seasoned Pinto Beans Fresh Fruit	Honey Lime and Garlic Chicken Confetti Rice Mexicali Corn Fresh Fruit	Breakfast for Lunch turkey sausage on English Muffin Potato Tots Fresh Fruit		
ALLERGEN VEGETABLE FRUIT	22	23	24	25	26		
	BBQ Chicken with Dirty Rice Seasoned Carrots Fresh Fruit	Pasta with Meat Sauce Italian Green Beans Fresh Fruit	Chicken, Onions and Peppers, WG Tortilla Sweet Kernel Corn Fresh Fruit	Chicken Teryiaki Stir Fry over Brown Rice Fresh Broccoli Fresh Fruit	Pressed Chicken Sandwich Pickles Spiced Black Beans Fresh Fruit		
ALLERGEN VEGETABLE FRUIT	29	30					
	Grilled Chicken Sandwich Broccoli Fresh Fruit	Grilled Chicken over White Rice Onions and Peppers Fresh Fruit					
All meals meet the USDA NLP & Breakfast Program guidelines - All breads, rice, pasta are Milk is served with both Breakfast and Lunch. Based on age group Whole, 1%, Skim and Lactaid Due to the disruption in the Global Supply Chain, Our menu is subject to change without notice.							

Cari Bergh R.D. 9/2/25

September

2025

COLD MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4	5
COLD LUNCH VEGETABLE FRUIT	LABOR DAY	Turkey and Cheese Sandwich with Lettuce and Tomato	Chicken Caesar Salad WG Roll and Dressing	Italian Hoagie with Lettuce, and Tomato	Hummus and Veggie Wrap with Cheese
		Fresh Carrots	Fresh Cucumber Slices	Fresh Broccoli & Dip	Fresh Pepper Strips
		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	8	9	10	11	12
COLD LUNCH VEGETABLE FRUIT	Turkey & Cheese Sandwich with Lettuce, and Tomato	Cool Ranch Chicken Salad Sandwich Lettuce, and Tomato	Green Salad Topped with Chicken, WG Roll & Dressing	Shredded Jerk Chicken Wrap with Lettuce, and Tomato	Chicken Salad Sandwich with Lettuce and Tomato
	Fresh Broccoli with Dip	Fresh Carrot Stix	Included in Salad	Corn and Black Bean Salad	Cole Slaw
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	15	16	17	18	19
COLD LUNCH VEGETABLE FRUIT	BBQ Chicken and Cheddar sandwich with Pickles	Turkey and Cheese Sandwich, Lettuce and Tomato	Tex Mex Chicken Rice Bowl	BBQ Chicken Bahn Mi Sandwich with Pickled Vegetables	Chicken and Cheese Nacho Box Lunch with Corn Salsa
	Fresh Carrots	Fresh Broccoli	Seasoned Pinto Beans	Fresh Zucchini Stix	Cucumber Slices
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	22	23	24	25	26
COLD LUNCH VEGETABLE FRUIT	Turkey and Cheese Wrap with Lettuce, and Tomato	Hummus and Veggie Wrap with Cheese	Chicken Caesar Salad with WG Roll and Dressing	Chicken Fajita Wrap with Cheddar and Veggies	Chicken Salad Sandwich with Lettuce and Tomato
	Fresh Carrots	Fresh Broccoli	Cucumber Slices	Seasoned Pinto Beans	Fresh Zucchini Stix
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	29	30			
COLD LUNCH VEGETABLE FRUIT	Greek Salad	Nacho Lunch Box			
	Chicken, Feta, Olives	Chicken, Cheese			
	WG Roll, Dressing	Corn Salsa			
		Fresh Fruit			

All meals meet the USDA NLP & Breakfast Program guidelines - All breads, rice, pasta are

Milk is served with both Breakfast and Lunch. Based on age group Whole, 1%, Skim and Lactaid

Due to the disruption in the Global Supply Chain, Our menu is subject to change without notice.

Cari Burg R.D. 9/2/25

September			2025		HOT LUNCH		  Redi-Pax Present for the unexpected	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
ENTRÉE VEGETABLE FRUIT	1	2	3	4	5	Pulled BBQ Chicken - WG Roll Cole Slaw and Pickles Fresh Fruit 12 Turkey Smashburger - WG Roll Sweet Potato Fries Fresh Fruit 19 Breakfast for Lunch Egg, Cheese, on English Muffin Potato Tots Fresh Fruit 26 Pressed Chicken Sandwich Swiss Cheese Spiced Black Beans Fresh Fruit		
	Labor Day	Chicken Nuggets, Confetti Rice Fresh Steamed Broccoli Fresh Fruit	WG Pasta with Meat Sauce Fresh Carrot coins Fresh Fruit	Italian Chicken Sausage, Onions and Peppers - WG Roll Italian Seasoned White Beans Fresh Fruit				
	8	9	10	11				
ENTRÉE VEGETABLE FRUIT	Teriyaki Chicken, Fried Rice Fresh Steamed Broccoli Fresh Fruit	Baked Buffalo Chicken Macaroni and Cheese Seasoned Pinto Beans Fresh Fruit	Greek Meatballs over Rice Pilaf Roasted Mediterranean Vegetables Fresh Fruit	Roast Turkey Dinner with Gravy, Dinner Roll Mashed Potatoes Fresh Fruit				
ENTRÉE VEGETABLE FRUIT	15	16	17	18	19			
	Nashville Chicken Sandwich, Oven Baked Fries Steamed Carrots Fresh Fruit	Baked Chicken Tenders with Macaroni and Cheese Fresh Garlic Broccoli Fresh Fruit	Chicken Taco with Mexican Rice Seasoned Pinto Beans Fresh Fruit	Honey Lime Garlic Chicken, Confetti Rice Mexicali Corn Fresh Fruit	Breakfast for Lunch Egg, Cheese, on English Muffin Potato Tots Fresh Fruit			
ENTRÉE VEGETABLE FRUIT	22	23	24	25	26			
	BBQ Chicken with Dirty Rice Seasoned Carrots Fresh Fruit	Stuffed Manicotti with Marinara Sauce Italian Green Beans Fresh Fruit	Chicken and Cheese Quesadilla, WG Tortilla Sweet Kernel Corn Fresh Fruit	Chicken Teryaki Stir Fry over Brown Rice Fresh Broccoli Fresh Fruit	Pressed Chicken Sandwich Swiss Cheese Spiced Black Beans Fresh Fruit			
ALLERGEN VEGETABLE FRUIT	29	30						
	Chicken Alfredo, Penne Broccoli Fresh Fruit	Chicken Tacos Cheese, Peppers, Onions Fresh Fruit						

All meals meet the USDA NLP & Breakfast Program guidelines - All breads, rice, pasta are WG/WGR

Milk is served with both Breakfast and Lunch. Based on age group Whole, 1%, Skim and Lactaid

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Cami Beggs R.D. 8/29/25