

WALTHAM CREATIVE START NEWSLETTER APRIL 2024



As the weather warms, children may get wet or muddy while exploring outside. Please send in a change of clothes.

UPCOMING EVENTS:

NO SCHOOL:
4/15 - 4/19

POSITIVE SOLUTIONS PARENT
GROUP - 4/9

POLICY COUNCIL: 4/10

OPEN AIR MARKET - 4/11

WEEK OF THE YOUNG CHILD
APRIL 8-12
ACTIVITIES DAILY

PARENT MEETING: 4/25

Celebrating Youth

Week of the Young Child is celebrated each year at the beginning of April. Join us as we celebrate the wonders of being a kid.

Monday, 8th - Magical Monday
Tuesday, 9th - Tasty Tuesday
Wednesday, 10 - Work Together Wednesday
Thursday 11th - Sporty Thursday
Friday, 12th - Family Flowers Friday

FAMILY AND COMMUNITY OPPORTUNITIES

Community Resource Highlight: Waltham Family School

Waltham Family School provides many different programs for families. The English language classes for adults. They have family engagement opportunities within the school system and Waltham community. They also provide connection to community resources. Waltham Family School has bilingual teachers, some of which are Waltham Family School alum. They help students work on literacy and writing skills.



COMMUNITY EVENTS

April 24, 11 am - Little Beats: Music and Movement
Watertown Public Library - 123 Main St, Watertown

WALTHAM PUBLIC LIBRARY:

Tuesdays, 1030 am to 11 am: Te Cuento un Cuento

Tuesdays, 6pm to 630 pm: Family Storytime

Wednesdays, 1030 am to 11 am: Toddler Time

Fridays, 10 am to 1030 am: Baby Storytime

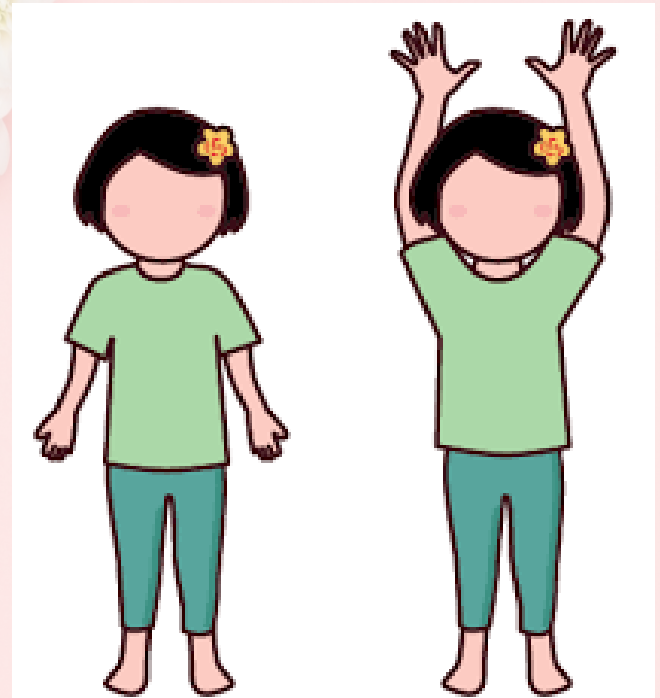
For more ideas, check out: communitykangaroo.com/waltham/calendar

SOCIAL EMOTIONAL CORNER

SECOND STEP:

FOR OUR PRESCHOOL CLASSES, WE WILL BE TALKING ABOUT FRIENDSHIP AND PROBLEM SKILLS IN THE NEXT FEW WEEKS. THIS INCLUDES PRACTICING FAIR WAYS TO PLAY, TURN TAKING, HAVING FUN WITH FRIENDS, INVITING FRIENDS TO PLAY AND ASKING FRIENDS TO PLAY.

WE'VE BEEN WORKING ON MANY DIFFERENT BELLY BREATHING TECHNIQUES IN THE CLASSROOM. THERE IS A HANDOUT FOCUSED ON DIFFERENT YOGA TECHNIQUES THAT CAN HELP CHILDREN CALM DOWN WHEN THEY FEEL STRONG EMOTIONS. WE CAN PRACTICE NOW.



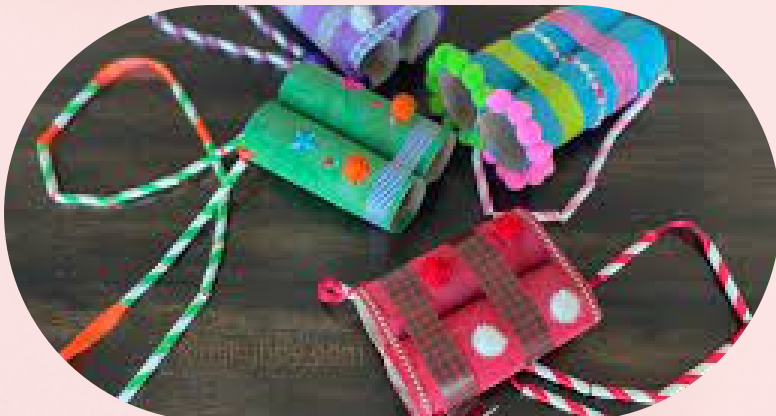
BABY DOLL:

FOR OUR TODDLER CLASSROOMS WE ARE DOING "I LOVE YOU" ROUTINES WITH THE BABY DOLLS. WE ARE CONTINUING TO SHOW THE BABY DOLLS LOVE AND CARE. THE STUDENTS HAVE REALLY BEEN ENJOYING PLAYING WITH THE BABY DOLLS.

POSITIVE PARENTING SOLUTIONS SESSION:

THE NEXT PARENTING SOLUTIONS GROUP WILL BE ON TUESDAY, APRIL 9 AT 9AM IN CLASS 6. WE WILL BE TALKING ABOUT BEHAVIOR PREVENTION STRATEGIES. WE WILL ALSO BE TALKING ABOUT LEARNING STRATEGIES THAT YOU CAN USE TO RESPOND WITH PURPOSE AT HOME AND IN THE COMMUNITY.

EXPLORING NATURE



Help kids focus on and explore their surroundings.
Tape together two TP rolls and let your kids decorate them.

When ready, go outside to explore together. Your child can use their new "binoculars" to look for birds, animals, plants, and other items that are in their environment.

In the Classroom

THIS MONTH, WE WILL BE LEARNING ABOUT SPRING AND PLANTING. SOME OF OUR CLASSROOMS WILL CONTINUE TO LEARN ABOUT FAIRY TALES AND BUILDING. WE LOOK FORWARD TO EXPLORING NATURE AS THE WEATHER BEGINS TO WARM.

WE WILL ALSO BE CELEBRATING WEEK OF THE YOUNG CHILD WITH TONS OF FUN ACTIVITIES.



"Education is not the filling of a pail, but the lighting of a fire."

- W. B. Yeats



Fruit Infused Water

Have a little one who doesn't like to drink, or only likes to drink juice?

Try fruit infused water.

Add fruit to a jug of water in the fridge, or to a bottle with a straw to carry on the go. Let your little one pick their favorite fruits to add. The fruit gives a fun look and a great taste, sure to inspire your child to stay hydrated.

Vegetables like cucumbers, and herbs like mint, are also a great choice.