

# WALTHAM CREATIVE START NEWSLETTER OCTOBER 2023



**Please make sure  
your children have  
a full change of  
clothes:  
underwear, socks,  
shirt, pants.**

## UPCOMING EVENTS:

**NO SCHOOL: INDIGENOUS PEOPLES'  
DAY - 10/9**

**POLICY COUNCIL: 10/18**

**COMMUNITY READERS: 10/19**

**PICTURE DAY: 10/20**

**NO SCHOOL: PROFESSIONAL  
DEVELOPMENT DAY: 10/23**

**PARENT MEETING: 10/26 - 930 AM**

**FAMILY EVENT: PICTURE BOOKS  
AND PAJAMAS - 10/31**

## Accessibility

**With the new year starting, we hope everyone has a wonderful and fulfilling educational journey with us. We know that sometimes, especially as the weather cools, it can be difficult to get to school. Please check in with staff if this becomes a concern. We are happy to try to connect families who may be able to help each other.**

# FAMILY AND COMMUNITY OPPORTUNITIES

## Picture Books and Pajamas

Join us on October 31st as we celebrate our love of reading. We encourage families to come and read with their children in the classroom. We can't wait to see you there.

We are also asking everyone to participate in our literacy challenge this month and **READ! READ! READ!**



## COMMUNITY EVENTS

Oct 14, 1 pm to 4 pm: Waltham Fields Community Farm Day - 240 Beaver St.

Tuesdays, 10 am to 4:30 pm: Waltham Clothing Exchange  
First Parish, 50 Church St

Oct 28, 10 am to 2 pm: Halloween in the Park - Prospect Hill Park,  
314 Totten Pond Rd.

### WALTHAM FARMERS MARKET

Saturdays through October 28th, 9:30 am to 2 pm  
Embassy Parking Lot on Moody St.

### WALTHAM PUBLIC LIBRARY:

Tuesdays, 10:30 am to 11 am: Te Cuento un Cuento

Tuesdays, 6pm to 6:30 pm: Family Storytime

Wednesdays, 10:30 am to 11 am: Toddler Time

Fridays, 10 am to 10:30 am: Baby Storytime

# SOCIAL EMOTIONAL CORNER

**SECOND STEP WILL BE STARTING IN THE CLASSROOMS THIS MONTH. SECOND STEP IS A SOCIAL EMOTIONAL EDUCATIONAL PROGRAM WHICH HELPS STUDENTS BUILD SKILLS, LIKE NURTURING POSITIVE RELATIONSHIPS, MANAGING EMOTIONS, AND SETTING GOALS.**

**THIS MONTH, WE ARE BEGINNING OUR BABY DOLL CURRICULUM WITH OUR TODDLERS. BABY DOLL CIRCLE TIME STRENGTHENS ATTACHMENT, ATTUNEMENT, AND SOCIAL PLAY.**

**MISS DOT WILL BE STARTING A PARENTING GROUP AT THE END OF OCTOBER OR EARLY NOVEMBER. STAY TUNED FOR MORE INFORMATION.**



## LEAF RUBBING

**Leaf rubbing is an easy and inexpensive activity that allows children to explore science and nature as well as art.**

**Go on a walk with your child and look for leaves of all different shapes and sizes. You can bring them home and place them under a piece of paper. Then use the side or a crayon to gently shade back and forth over them to see the leaves' shapes and veins.**

**Have a conversation around the differences and similarities of the leaves you found.**





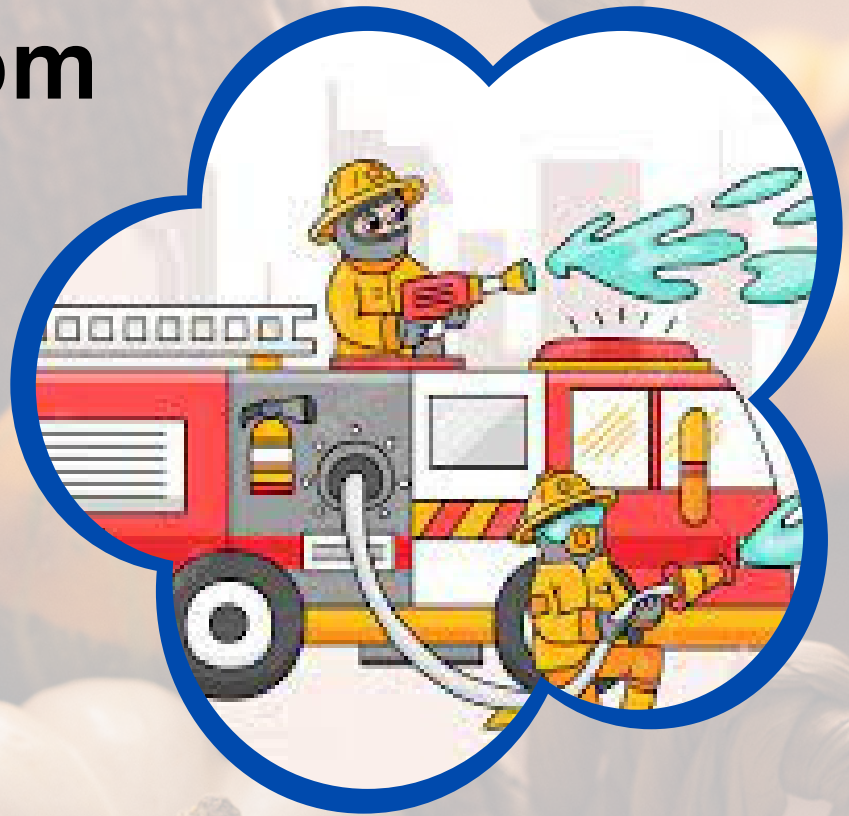
# In the Classroom

**THIS MONTH, CLASSROOMS WILL BE LEARNING ABOUT FALL AND HARVEST.**

**WE WILL CONTINUE TO LEARN ABOUT HOW TO KEEP OURSELVES SAFE AND CAN'T WAIT FOR OUR FIREFIGHTER VISIT.**

**THIS MONTH WE ARE ALSO HOSTING OUR FIRST LITERACY CHALLENGE OF THE SCHOOL YEAR. TRY TO READ WITH YOUR CHILD DAILY.**

**WE ARE CONTINUING TO WELCOME OUR NEW STUDENTS.**



*"There are many little ways to enlarge your child's world. Love of books is the best of all." - Jacqueline Kennedy*

## Pumpkin Mac and Cheese

**Sometimes it can be hard to get your little ones to eat their vegetables, but here is a delicious, sneaky recipe to do just that! Pumpkin offers Vitamins C and E, as well as iron, folate, and beta carotene - all things which help strengthen the immune system.**

**Find the recipe at:**

**<https://www.inspiredtaste.net/9038/pumpkin-mac-and-cheese-recipe/>**

