

WALTHAM CREATIVE START NEWSLETTER MAY 2025



As the weather warms, children may get wet or muddy while exploring outside. Please send in a change of clothes.

UPCOMING EVENTS:

NO SCHOOL:
5/5- MAINTENANCE
5/26 - MEMORIAL DAY

OPEN AIR MARKET - 5/20

POSITIVE SOLUTIONS PARENT
GROUP - 5/20

POLICY COUNCIL: 5/7

PARENT MEETING: 5/8

Celebrating Staff

As we head into staff appreciation week (May 5-9), we would like to thank all of the parents who shared testimonials with us about our program and its staff. We greatly appreciate your kind words and sentiments and are proud of the impact we have had on your children and your families.

FAMILY AND COMMUNITY OPPORTUNITIES

Community Resource Highlight: Newton Neighbors Diaper (Newborn- Size 7) Distribution

Pick up free diapers for your family on May 10th between 7:30AM-12:30 PM
at one of these locations:

American Legion Nonantum Post 440 (295 California St, Nonantum)

Family Access Newton (492 Waltham St, West Newton)

No Identification or registration is required



COMMUNITY EVENTS

May 2, 11 am - Little Beats: Music and Movement

May 11, 4 pm: Crafternoon for Children

May 13, 2 pm: Pint Size Yoga

Watertown Public Library - 123 Main St, Watertown

WALTHAM PUBLIC LIBRARY:

Tuesdays, 1030 am to 11 am: Te Cuento un Cuento

Tuesdays, 6pm to 630 pm: Family Storytime

Wednesdays, 1030 am to 11 am: Toddler Time

Fridays, 10 am to 1030 am: Baby Storytime

For more ideas, check out: communitykangaroo.com/waltham/calendar

SOCIAL EMOTIONAL CORNER

SECOND STEP:

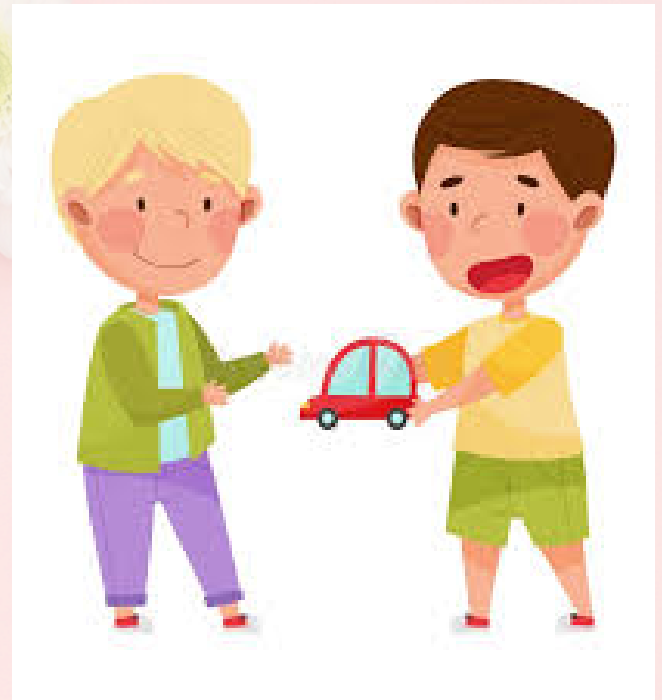
OUR PRESCHOOL CLASSROOMS HAVE BEEN TALKING ABOUT PLAYING FAIRLY WITH FRIENDS. THEY HAVE ALSO BEEN WORKING ON PROBLEM SOLVING SKILLS FOR WHEN THERE ARE CONFLICTS IN THEIR FRIENDSHIPS. THE CLASSES HAVE BEEN TALKING ABOUT 3 SPECIFIC WAYS TO PLAY FAIRLY: SHARING, TAKING TURNS, AND TRADING TOYS. WE HAVE ALSO BEEN LEARNING SOME SIGN LANGUAGE THAT GOES INTO PLAYING WITH FRIENDS. THESE SIGNS ARE SHARE, TAKE TURNS, PLAY, AND FRIENDS.

BABY DOLL:

STUDENTS IN CLASSROOMS 2 AND 8 HAVE BEEN DOING DIFFERENT "I LOVE YOU RITUALS" TO SHOW CARE AND EMPATHY TOWARDS THE DOLL. WE WILL BE STARTING TO PLAY DIFFERENT STOP AND GO GAMES WITH THE BABY DOLL DURING THE CIRCLE.

KINDERGARTEN GROUPS:

IN THE NEXT COUPLE WEEKS DOT WILL BE STARTING KINDERGARTEN GROUPS WITH STUDENTS WHO WILL BE GOING TO KINDERGARTEN NEXT YEAR. THE GROUPS WILL CONSIST OF 1 MEETING A WEEK FOR 3 WEEKS, AND WILL FOCUS ON TOPICS THAT WILL HELP STUDENTS TRANSITION TO THE KINDERGARTEN CLASSROOM. THESE TOPICS INCLUDE LISTENING AND PAYING ATTENTION TO TEACHERS, IDENTIFYING FEELINGS AND SELF-CALMING, AND MAKING FRIENDS AND INVITING TO PLAY. THE GROUPS WILL BE DURING THE SCHOOL DAY. DOT WILL BE ASKING PARENTS TO SIGN FORMS IN THE NEXT FEW WEEKS FOR STUDENTS TO START THE GROUP.



POSITIVE PARENTING SOLUTIONS SESSION:

THE LAST PARENTING SOLUTIONS MEETING FOR THIS SCHOOL YEAR WILL BE HELD ON TUESDAY, MAY 14TH AT 9AM IN CLASSROOM 6. DURING THIS MEETING WE WILL BE TALKING ABOUT DIFFERENT PARTS OF A BEHAVIOR PLAN TO ADDRESS PROBLEM BEHAVIORS IN CHILDREN. WE WILL TALK ABOUT NEW SKILLS TO TEACH CHILDREN AND TO PREVENT BEHAVIORS BEFORE THEY START. THANK YOU TO EVERYONE WHO HAS COME TO THE MEETINGS!

ACTIVE PLAY



Keep your kids safe at the park with these safety tips:

1. Make sure the ground around climbing structures is well padded (with wood chips or fall protection mats).
2. Check the playground before using for trash or broken glass.
3. Check the age rating for the playground you are using. Some structures are only for older children or children who are developmentally able to use them.

In the Classroom

THIS MONTH, WE WILL BE COMPLETING ANOTHER AUTHOR STUDY. WE WILL ALSO BEGIN LEARNING ABOUT SUMMER AND START OUR KINDERGARTEN GROUPS. SOME OF OUR CLASSROOMS WILL CONTINUE TO LEARN ABOUT SPRING AND FLOWERS.

WE LOOK FORWARD TO EXPLORING NATURE AS THE WEATHER CONTINUES TO WARM.



"As children observe, reflect, record, and share nature's patterns and rhythms, they are participating in a process that promotes scientific and ecological awareness, problem-solving, and creativity."

Deb Matthews Hensley



Tropical Fruit Pops

Try these delicious, no sugar added popsicles on a hot day.

- **2 cups chopped fresh watermelon**
- **1 ½ cups chopped fresh pineapple**
- **¾ cup coconut water**
- **2 Tbsp lime juice**
- **6-8 fresh mint leaves**
- **1 healthy pinch sea salt**

Blend all ingredients together in a blender, pour into popsicle molds and freeze for 4-6 hours. Enjoy!