

WALTHAM CREATIVE START NEWSLETTER NOVEMBER 2023



As the weather gets colder please make sure your child brings a sweatshirt or jacket.

UPCOMING EVENTS:

**NO SCHOOL:
VETERANS' DAY - 11/10
THANKSGIVING BREAK - 11/23-11/24**

EARLY RELEASE: 11/22

**POSITIVE SOLUTIONS PARENT
GROUP - 11/14**

POLICY COUNCIL: 11/15

FAMILY EVENT: SOUP DAY- 11/16

OPEN AIR MARKET - 11/21

PARENT MEETING: 11/30 - 9 AM

Feed the Need

We understand that sometimes, especially recently, it can be harder and harder to have enough food at home. If any family is in need of food in between our open air markets, please come to the office. We are happy to assist you. Also, if you have other needs, please let us know and we will work with you to fulfill them.

FAMILY AND COMMUNITY OPPORTUNITIES

Soup Day and Friendsgiving

November is a time when we look around and give thanks for the people in our lives and the good things we have experienced. We will be coming together to celebrate our school friends and families by making a school soup. We are asking families to bring in a vegetable the morning of November 16th if able to help us build our soup, then come to lunch and enjoy it with our students!



COMMUNITY EVENTS

November 4, 1 pm Waltham Fields Community Farm: Herbs and Plants for Winter Wellness - Fee to participate required. - 240 Beaver St.

November 11: Annual Fall Fair Congregational Church, North Chelmsford

WALTHAM PUBLIC LIBRARY:

Tuesdays, 1030 am to 11 am: Te Cuento un Cuento

Tuesdays, 6pm to 630 pm: Family Storytime

Wednesdays, 1030 am to 11 am: Toddler Time

Fridays, 10 am to 1030 am: Baby Storytime

SOCIAL EMOTIONAL CORNER

**SECOND STEP:
IN NOVEMBER WE WILL BE CONCLUDING
UNIT 1 OF SECOND STEP AND BEGINNING
UNIT 2. THE CONCEPTS THAT WILL BE
DISCUSSED ARE:**

- **LISTENING & FOLLOWING DIRECTIONS TO HELP LEARN AND REPEATING DIRECTIONS TO HELP REMEMBER THEM**
- **TO ASK FOR WHAT YOU NEED OR WANT, FACE THE PERSON YOU ARE ASKING AND USE A RESPECTFUL VOICE**
- **TOO LOOK AT PEOPLE'S FACES AND BODIES FOR CLUES ON HOW THEY FEEL**

BABY DOLL:

NOVEMBER CONTINUES UNIT 1 OF BABY FOCUSING ON BUILDING CONNECTION WITH THE BABY DOLL THROUGH THE USE OF NURSERY RHYMES. THIS UNIT IS FOCUSED ON PLAYING GAMES OF PEEK-A-BOO AND HIDING AND SEEKING TO HELP CHILDREN PRACTICE BUILDING CONNECTIONS WITH THEIR CAREGIVERS.



POSITIVE PARENTING SOLUTIONS SESSION 1:

THE FIRST SESSION OF THE POSITIVE PARENTING SOLUTIONS GROUP WILL MEET ON TUESDAY NOVEMBER 14TH AT 9AM AFTER DROP-OFF. THIS SESSION FOCUSES ON MAKING CONNECTIONS. THE SESSION WILL TALK ABOUT WAYS PARENTS CAN BUILD POSITIVE CONNECTIONS WITH THEIR CHILDREN DURING THEIR BUSY SCHEDULE. WE WILL ALSO DISCUSS WAYS PARENTS CAN USE SPECIFIC PRAISE WITH THEIR CHILDREN TO HELP REINFORCE POSITIVE BEHAVIOR.

RECYCLED ART



Everything is art. Help reduce waste and encourage imagination by saving simple items that are usually thrown away. Plastic bottle tops, cardboard boxes, egg cartons, and more can be easily and inexpensively as art supplies.

Challenge yourself and your child to find a new use for something old.

In the Classroom

THIS MONTH, CLASSROOMS WILL BE LEARNING ABOUT FALL AND HARVEST IN OUR HALF DAY ROOMS AND FAMILY AND FRIENDS IN OUR FULL DAY ROOMS.

WE WILL BE TALKING ABOUT THE IMPORTANT PEOPLE IN OUR LIVES AND WHAT WE ARE THANKFUL FOR.

WE ARE SCHEDULED TO OPEN ANOTHER CLASSROOM THIS MONTH.



"Education is not preparation for life; education is life itself."
- John Dewey



Cranberry Fruit Salad

Cranberries are full of antioxidants and can help reduce inflammation and prevent urinary tract infections. They help maintain digestive health. Add a tart component to your next fruit salad and reap the benefits.

Find the recipe at:
<https://www.inspiredtaste.net/9038/pumpkin-mac-and-cheese-recipe/>